Tutorial

Nursing Reference Center Plus

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Nursing Reference Center Plus provides staff nurses and nurse educators with a resource that supports education goals, encourages residents and students to access the original research, and provides options for patient care while preserving and supporting the essential learning opportunities that educators want to provide.

In this tutorial we will look at how to search NRC Plus, as well as setting up topic alerts, finding Nursing skills videos, and accessing eBooks.
To search *NRC Plus*, enter your search terms in the **Search Box** and click **Search**.
On the Result List, you can limit your results to specific Material Types, such as **Quick Lessons**, **Evidence-Based Care Sheets**, and **Skills**. Click a full text link to read an *NRC Plus* topic.
From the Detailed Record or HTML Full Text of a topic, you can have *NRC Plus* alert you via e-mail when the topic is updated. Simply click the **E-mail Alert** button and enter your e-mail address. Select how often you would like to be alerted and click **Create Alert**. No personal account is necessary to create topic alerts.
NRC Plus features landing pages that allow you to search for content related to Diseases, Skills, Drugs, Management, Continuing Education, Patient Education, and Reference, using the tabs above the Search Box.
From any of these pages, enter your terms in the **Search Box** and click the **Search** button. Or select from one of the options displayed on the page. In this example, we’ll search the **Diseases** page for evidence-based information on *heart disease*, including Quick Lessons and Evidence-Based Care Sheets.
NRC Plus also includes a collection of nursing skills videos that are included within topics. Nursing skill videos are easily accessed when you search from the Skills page. Enter your search terms in the Search Box and click Search.
You can narrow your result list to videos, and topics that include videos, by clicking the **Videos** link under **Material Types**. Click a **Video** link in the result list to view a video, or view the **HTML Full Text** to view a video included within an **NRC Plus** topic.
Clear the nares. Ask the patient to gently blow his or her nose. Alternatively, use the cotton-tipped swabs to remove debris.

There are two methods commonly used to measure the length of the NGT to be inserted into the patient.

**Method #1:** (Video 1) Use the distance from the nares to the tragus (lower tip) of the earlobe to the xiphoid process (i.e., the pointed cartilage attached to the lower end of the breastbone or sternum) to determine the insertion length. While holding the gastric end of the NGT next to the tip of the patient’s nose, extend the tube to the tip of the patient’s earlobe. Hold the tube at the earlobe and extend the tube downward to the xiphoid process (Point X). Mark this distance (Point X), plus another inch or two (2.5–5.1 cm), on the tube with a permanent marker or use the smaller strip of precut tape to indicate how far the tube should be inserted.

**Figure 6**

Measuring the distance from the tip of the earlobe (tragus) to the nare. Copyright © 2014, EBSCO Information Services.

When a video is available within a topic, start the video by clicking the arrow.
If your institution has purchased eBooks from EBSCO, they are integrated with NRC Plus, making them available from the search box on the Reference page. eBooks appear in the result list alongside reference books.
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